

**Elias House:** – begun February 2007 - is a specialist **Whangarei** community based intensive residential (flats) rehabilitation service for 6 clients who would otherwise spend long times in the acute mental health ward and who need 24 support.

Referral via ICT Team, Hospital.

**Consumer Networkers:** - began in July 2010 with the role to develop and maintain a network of consumers across Te Tai Tokerau.

**Arataki Ministries staff** have diverse experiences of life and offer empathy and encouragement as a result. Staff are trained in supporting people in the community and include 3 Registered Nurses, 2 Social Workers and 24 Support Staff (NZ Cert MH Support).

As an organisation with a Christian perspective: we consider all people to be of equal value; we do not discriminate or condemn; will work with anyone; and offer the compassion of Christ to all who desire it. We work together to help people achieve a meaningful lifestyle in the community of their choice.

Most services are **free** – funded by contracts with Northland District Health Board. Residential clients sign their WINZ benefits to us and receive personal allowances from both the Arataki Ministries and WINZ.

**Referral forms:** are available on request.

**Postal Address:** PO Box 5028, Whangarei

**Physical Addresses:**

**Office and Whangarei CSW's:**

4&6 Donald Street,  
Ph (09) 430 3044  
Fax (09) 430 3544  
Email: arataki@igrin.co.nz

**Dargaville CSW's:** Community Health Wing,

Dargaville Hospital.  
Ph (09) 439 4651  
Fax (09) 439 9202

**Maungaturoto:** 3 Gorge Rd, Maungaturoto

Ph/Fax (09) 431 9091

**Arataki House:** 17 Weaver Street

Whangarei  
Ph (09) 437 5538  
Fax (09) 437 5545

A House Clients: Ph (09) 437 0026

**Elias House:** 1a Kirikiri Road

Whangarei  
Ph (09) 459 6530  
Fax (09) 459 6532

E House Clients: Ph (09) 459 6197

**Consumer Networkers:** 73 Water St,

Whangarei  
Ph (09) 438 4115



**Arataki Ministries Ltd**  
**(Charitable Company)**  
Email: arataki@igrin.co.nz



**ARATAKI**  
**MINISTRIES**  
**LIMITED**

**Community based, recovery focused support  
for people with mental illness**

## Mission Statement

**Arataki Ministries** exists to provide services to people with disabilities in a style that supports development of individual living skills in a supportive and encouraging manner with a Christian flavour.

## Goals

- To **encourage** and **support** individuals to meet their need for health and independence by fostering independence of thought, action, relationships, finances and ultimately living arrangements.
- To **help** individuals to fulfil their responsibility to the community in which they live.
- To **work with** clients respecting their individuality taking into account their physical, mental, social, cultural and spiritual needs and desires.
- To **provide staff skilled** to a level appropriate to the client base and the work undertaken.
- To **work alongside** the medical professionals and other specialist services to achieve the rehabilitation aims of the client.
- To **work in partnership** with Iwi and other Maori organisations, and whanau to

achieve improved health outcomes for clients who are Maori.

- To **assist** the client make, maintain or repair relationships with family, whanau and friends and the community of their choice.
- To **help** people hear about and experience Christianity if they desire it.

## History of Arataki Ministries and Services Offered

**Arataki Ministries** is a work of the **Whangarei Central Baptist Trust**. It has five main areas of support for **people recovering from a major mental illness**:

- **Arataki House**
- **Arataki Support**,
- **Transitions**,
- **Packages of Care**,
- **Elias House**.
- **Consumer Networkers**

These projects are expanded on below:

**Arataki House**: which has operated since 1991, is for 8 clients in a group of flats in **Whangarei**. Clients are encouraged to view the flats as their home. The service offers 24 hour support to the residents. Staff provide rehabilitation programmes to assist clients in their aim to gain the skills necessary to live self-sufficiently in the community.

Referrals come through Hospital MH Service Coordination team.

**Arataki Support**: began in August 1995. Staff work with clients who live in their own accommodation. Recovery focused, we work with existing supports including nurse, family/whanau and others involved, to achieve good health outcomes, identify strengths and needs, support access to community services, strengthen links with specialist services, and encourage self confidence. We support the mental, physical, social, cultural and spiritual needs of a person.

This service is for 101 clients in **Whangarei and Kaipara** districts.

Referrals may come from anyone but are generally from hospital staff or the client.

**Transitions**: begun in May 2004, assists clients living in MH residential rehabilitation facilities in **Whangarei** to move into the community.

Referrals come from contracted MH residential providers.

**Packages of Care**: for **Whangarei and Kaipara**, begun May 2006, is designed to provide a high level of individualised support to 15 clients in the community.

Referral is through Hospital MH Service Coordination team.